

# METRO TACOMA FENCING CLUB

8629 South Tacoma Way  
Lakewood, WA 98499  
253-584-1986

Western Washington Division  
www.tacomafencing.com  
info@tacomafencing.com



## ***Cleaning and Disinfection Protocols MTFC for COVID-19 Pandemic Summer 2020***

- Focus on minimizing the amount of daily cleaning by minimizing exposed surfaces. Keeping unused equipment and rough, irregular or fabric surfaces covered in smooth plastic for easy cleaning.
- Minimize contaminated gear by encouraging fencers purchase their own gear and/or permanent loan system of MTFC gear.
- All staff (volunteer and paid) must: use disposable gloves and wear a mask during any cleaning or disinfecting activity. Goggles are available and recommended when mixing bleach solution and other high risk activities.
- Wash hands after any cleaning or disinfecting activity.
- Coaches responsible for localized cleaning after each of their lessons/fencers.
- Coaches responsible for half day clean of the facilities high touch areas and bathrooms twice per day (once per coach per day).
- Professional cleaning service once per week (more as our volume increases).
- Professional cleaning service if known exposure event.

### ***Localized Cleaning after Lessons***

- After each lesson, disinfect surfaces and items by wiping with bleach solution soaked rag or cleaning-wipe all surface touched by student of coach including reels and equipment. Allow to air dry for 1 minute (bleach solution) or 5 minutes (disinfecting wipes). Wipe with clean wet rag any delicate equipment (blades, etc).
- Make bleach solution by mixing 5 Tablespoons of bleach per gallon of water or 4 teaspoons of bleach per quart of water. Bleach solutions expires 24 hours after mixing.
- For electronics, wipe with 70% alcohol wipe or spray and allow to air dry.

### ***Half Day Focused Clean:***

- Disinfect surfaces and items by wiping with bleach solution soaked rag or cleaning-wipe all surface touched by student of coach including reels and equipment. Allow to air dry for 1 minute (bleach solution) or 5 minutes (disinfecting wipes). Wipe with clean wet rag any delicate equipment (blades, etc).
- Wipe down all high touch point areas: Tables, counters, Doors and door knobs, light switches, desks, phones and keyboards, faucets, toilets and sinks, reels, strips focusing on the floor where fencers are stationed, loaner gear area.

### ***Laundry:***

- Line laundry hamper with disposable trash bags.
- Wear gloves while handling laundry.
- Do not shake laundry.
- Wash on warmest setting possible and allow to air dry or place in dryer.
- Throw away laundry hamper trash bag and re-line trash bag.
- Remove gloves and wash hands after handling laundry.

*Updated 31 October 2020*