

# METRO TACOMA FENCING CLUB

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Western Washington Division  
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## ***Fencers Protocols and Procedures COVID-19 Pandemic Summer 2020***

- Arrive 5-10 minutes before class to allow time to check in and get settled.
- Queue in the car or socially distanced outside of club (markers will be on ground).
- Enter only when invited by a coach.
- Enter through main door only already dressed for class with fencing gear, hand towel, and full water bottle in a bag. Fencers are required to wear a mask covering nose and mouth whenever they are inside the MTFC facility. Fencers are encouraged to wear a mask during outdoor training.
- Verbally check-in to lesson and certify that you meet the requirements for entry during Phase 2.
- Temperature check with touchless thermometer.
- Proceed to handwashing station, queuing on 6 foot markers on the floor.
- Exit side Multi-Purpose Room (MPR) door and proceed to assigned strip (assigned during check in).
- Any loaner gear needed (weapons or training aids) will be waiting at assigned station.
- Have fun in lessons!
- After lessons, wait at assigned station to be dismissed by Coach.
- Enter side MPR door, wash hands, then exit front MPR door and then exit secondary front door.
- Wash and sanitize all gear before returning to club.

### **Brief Screening Questionnaire**

- Have you been in close contact with a confirmed case of COVID-19?
- Are you experiencing a cough, shortness of breath, or sore throat?
- Have you had a fever in the last 48 hours?
- Have you had a loss of taste or smell?
- Have you had vomiting or diarrhea in the last 24 hours?

### **Entry requirements for Phase 2**

- You have seen our written policies and watched our video.
- You are not high risk.
- You have no positive responses to the Brief Screening Questionnaire.
- You are fully dressed for lesson with full water bottle and hand towel.

### **Home Cleaning Guide**

- Wash plastron, jacket, hand towel, glove and fencing clothes in washing machine on the highest temperature setting appropriate for the material and hang to dry (fencing gear) or dry in dryer.
- Wipe chest protector, blades, and fencing bag with cleaning agent that is effective against COVID-19 and allow to air dry.
- Spray to saturate your fencing mask and fencing shoes with approved cleaner and allow to air dry.
- Wash water bottle in dish washer or with warm soapy water.

For information on appropriate cleaning agents

<https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>